

## OCTOBER: ROSARY CHALLENGE

CAN YOU PRAY THE ROSARY THIS MONTH?

"TRY TO PRAY AT LEAST ONE DECADE (10 HAIL MARYS) EACH DAY IN OCTOBER.

## OCTOBER 2025

S	М	Т	W	Т	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	





7 DAYS IN A ROW = ROSARY STARTER

HALF THE MONTH = ROSARY CHAMPION

ALL 31 DAYS = ROSARY STAR!

		ROSARY CHAL	LENGE PROGRA	OGRAMME	
	LUNCHTIME	WEEK 1	WEEK 2	WEEK 3	
	TUESDAY	Session 1 – Introduction & The Joyful Mysteries  • Theme: What is the Rosary? Why pray it?  • Prayer: 1–2 Joyful Mysteries (Annunciation & Visitation)  • Reflection: "Where do you see God's joy in your life?"  • Challenge: Pray one Hail Mary at home this week	Session 3 – The Luminous Mysteries  • Theme: Jesus' mission and teachings. • Prayer: Full set of Luminous Mysteries • Reflection: "What can you do to reflect Jesus' light this week?"	Session 5 – The Glorious Mysteries  • Theme: The Resurrection and hope of eternal life.  • Prayer: All 5 Glorious Mysteries  • Reflection: "What gives you hope? How can you share it?"	
Make Christ Known	WEDNESDAY	Session 2 – Completing the Joyful Mysteries & Luminous Mysteries  • Theme: Joyful completion and introducing the light of Christ.  • Prayer: Remaining Joyful Mysteries + 1 Luminous Mystery (Baptism of Jesus)  • Reflection: "How can you bring light to others?"	<ul> <li>Session 4 – The Sorrowful Mysteries</li> <li>Theme: Jesus' suffering and sacrifice.</li> <li>Prayer: Full 5 Sorrowful Mysteries.</li> <li>Reflection: Silent reflection – pray for someone who is suffering.</li> </ul>	Session 6 – Celebration & Commitment Theme: Bringing it all together – Mary leading us to Jesus Prayer: One full Decade of choice Activity: Share experiences & reflections, commitment to continue the Rosary Closing: Certificates/bookmarks for participation, encouragement to pray at home	

The Best That We Can He.