

# REMEMBERING ST TERESA OF CALCUTTA



## THEME:

“DO SMALL THINGS WITH  
GREAT LOVE.”



**ST TERESA**  
*of CALCUTTA*  
Catholic Academy Trust



# Let us pray...

The Lord God requires of us that we should help others whenever we can, always make the right choices and be the best that we can be in everything that we do.

St. Cuthbert – Pray for us  
St. Teresa of Calcutta – Pray for us







“Not all of us can do great things. But we can do small things with great love.”

What do you think this means for us at St. Cuthbert's today?







# "Saint of Love and Service"







Some ideas...

Smile at someone in the corridor.  
Say "thank you" to a teacher or member of staff.  
Hold the door open for someone.  
Sit with someone who looks lonely.  
Pick up litter without being asked.  
Share your stationery with someone who forgot theirs.  
Give a compliment to a classmate.  
Help someone with their homework.  
Let someone go in front of you in the lunch queue.  
Check in on a friend who seems upset.  
Offer to carry something for someone.  
Be patient when things don't go your way.

Reflection task:

- Write one "small thing" you can do each day to show love or kindness (e.g., smile at someone, help a classmate, say thank you, recycle rubbish, sit with someone who is alone).
- These can be placed on your sacred spaces as a reminder of the work of St. Teresa of Calcutta





St. Teresa  
of Calcutta  
Memorial 2025



One small thing that I will do  
to change the world is...

'Do small things  
with great love.'







## Prayer to St Teresa of Calcutta

Lord, help us to follow the example of St Teresa of Calcutta, who spent her life caring for the poor, the lonely, and those in need.

Give us the courage to do small acts of kindness every day, to notice people who are forgotten, and to show love in everything we do.

All / Response:

*St Teresa of Calcutta, pray for us.*

