

WHAT DOES PRAYER LOOK LIKE AT ST CUTHBERT'S?



Morning Prayer

At St. Cuthbert's, the school day begins with prayer. Morning Prayer helps to create a reflective, Christ-centred atmosphere, giving thanks for God's blessings and entrusting the work, study, and relationships of the day to Him.

Prayer in the Classroom

The rhythm of prayer continues at the start of lessons. Short prayers or reflections encourage pupils to recognise God's presence in their learning, to seek wisdom and understanding, and to grow in gratitude and humility through study.

Celebration of the Word

The Celebration of the Word brings pupils together to listen to Sacred Scripture, reflect, and respond in prayer. These gatherings nurture understanding of the Word of God, deepen discipleship, and strengthen the school's identity as a praying community.

Celebration of the Eucharist

The Eucharist, source and summit of the Christian life, is celebrated regularly with year groups. Year Group Masses allow pupils to encounter Christ through Word and Sacrament, fostering unity, belonging, and active participation in the sacramental life of the Church.

Prayer in the Chapel (Distinctive Practice at St. Cuthbert's)

The school chapel provides a sacred space for encounter with Christ beyond the regular rhythm of classroom prayer and liturgy. Pupils and staff are invited to spend time in quiet reflection, personal prayer, and group worship. Chapel prayer may include the Rosary, Gospel reflections, or silent meditation, nurturing a deeper awareness of God's presence at the heart of school life.

Where two or three are gathered in my name, I am there among them.' Matthew 18:20