

# Sensory Workshops – Online Sessions

Children and Sensory Processing Difficulties - what to do about it?



- Each session covers
- What is Occupational Therapy?
  - What are our sensory systems?
  - What are sensory processing difficulties and what do they look like?
  - What can we do about it?
  - Create a sensory diet
  - Questions
  - Feedback



The sessions are open to parents, family members, carers, educational settings in the Heywood, Middleton or Rochdale Area. In fact; anyone in this area who may support or come into contact with children with sensory difficulties can attend.

Book via

<https://ot-workshop.eventbrite.co.uk>

/ or ring 0161 206 0606



# Sensory Workshops

	Date	Time	Venue
Sensory Workshop	Wednesday 3 <sup>rd</sup> January 2024	13:00-14:30	Virtual Session
Sensory Workshop	Wednesday 7 <sup>th</sup> February 2024	9:30-11:00	Virtual Session
Sensory Workshop	Wednesday 6 <sup>th</sup> March 2024	13:00-14:30	Virtual Session
Sensory Workshop	Wednesday 3 <sup>rd</sup> April 2024	9:30-11:00	Virtual Session
Sensory Workshop	Wednesday 1 <sup>st</sup> May 2024	13:00-14:30	Virtual Session
Sensory Workshop	Thursday 5 <sup>th</sup> June 2024	9:30-11:00	Virtual Session
Sensory Workshop	Wednesday 3 <sup>rd</sup> July 2024	13:00-14:30	Virtual Session
Sensory Workshop	Wednesday 7 <sup>th</sup> August 2024	9:30-11:00	Virtual Session
Sensory Workshop	Wednesday 4 <sup>th</sup> September 2024	13:00-14:30	Virtual Session
Sensory Workshop	Wednesday 2 <sup>nd</sup> October 2024	9:30-11:00	Virtual Session
Sensory Workshop	Wednesday 6 <sup>th</sup> November 2024	13:00-14:30	Virtual Session
Sensory Workshop	Wednesday 4 <sup>th</sup> December 2024	9:30-11:00	Virtual Session

**These workshops will be delivered online.  
We will e-mail a link prior to the session.**