## Sensory Workshops – Online Sessions

Children and Sensory Processing Difficulties -what to do about it?



Each session covers :

- What is Occupational Therapy?
- What are our sensory systems?

• What are sensory processing difficulties and what do they look like?

- What can we do about it?
- Create a sensory diet
- Questions
- Feedback

The sessions are open to parents, family members, carers, educational settings in the Heywood, Middleton or Rochdale Area. In fact; anyone in this area who may support or come into contact with children with sensory difficulties can attend.

Book via https://ot-workshop.eventbrite.co.uk/ or ring 0161 206 0606



## Sensory Workshops

DATE		TIME	VENUE
Sensory	Wednesday	13:00-14:30	Virtual Session
Workshop	18thJanuary 2023		
Sensory	Wednesday	9:30-11:00	Virtual Session
Workshop	1stFebruary 2023		
Sensory	Wednesday	9:30-11:00	Virtual Session
Workshop	1stMarch 2023		
Sensory	Wednesday	9:30-11:00	Virtual Session
Workshop	5thApril 2023		
Sensory	Wednesday	9:30-11:00	Virtual Session
Workshop	3rdMay 2023		
Sensory	Wednesday	13:00-14:30	Virtual Session
Workshop	21stJune 2023		
Sensory	Wednesday 5thJuly	9:30-11:00	Virtual Session
Workshop	2023		
Sensory	Wednesday	9:30-11:00	Virtual Session
Workshop	2ndAugust 2023		
Sensory	Wednesday	9:30-11:00	Virtual Session
Workshop	6thSeptember 2023		
Sensory	Wednesday	13:00-14:30	Virtual Session
Workshop	18thOctober 2023		
Sensory	Wednesday	9:30-11:00	Virtual Session
Workshop	1stNovember 2023		
Sensory	Wednesday	9:30-11:00	Virtual Session
Workshop	6thDecember 2023		

These workshops will be delivered online.

We will e-mail a link prior to the session.